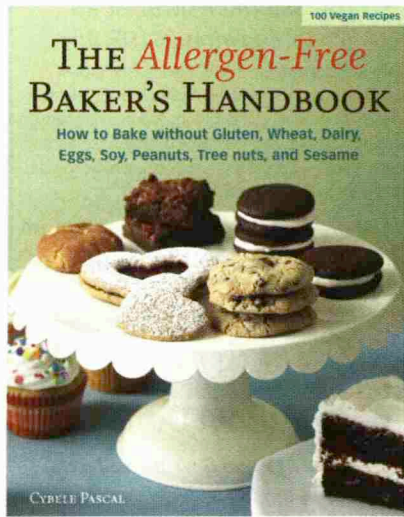


Bakers May Like New Allergen-Free Cookbook



Featuring recipes that omit the least tolerated foods (milk, eggs, peanuts, tree nuts, fish, shellfish, soy, and wheat), as well as dairy, sesame, and gluten, *The Allergen-Free Baker's Handbook* is a comprehensive multi-allergen-free baking book chock-full of recipes. It offers allergen-free versions of tradi-

tional favorites that are as tasty as their traditional counterparts. There's even a chapter on savorys.

These wholesome baked goods are free of cholesterol, hydrogenated fat, most refined sugars, additives, preservatives, and artificial flavors and colors.

For more information, visit www.tenspeed.com.

